

Culture, Health and Wellbeing International Conference

19,20,21 June 2017 Bristol UK

Programme

Monday 19 June – Public Health, Global Health, Prevention and Creative Ageing

8.30-10.15am		Registration at Bristol City Hall https://www.bristol.gov.uk/web/city-hall						
10.15 am Welcome by Alex Coulter , Director of Arts & Health South West and Professor Richard Parish , Conference Chair for Monday								
10.25 am Opening Keynote: Duncan Selbie Chief Executive of Public Health England: Arts and Minds – a creative alliance								
10.55 am Keynote: Dr Nayreen Daruwalla , Programme Director for the Prevention of Violence against Women and Children at SNEHA, Mumbai, India: Arts and Health: for the people and by the people Followed by discussion and Q&A with Anna Ledgard								
11.20am Mariantonia Oliver , Choreographer and Dancer, Mallorca, Spain introduces the project Las Muchas								
11.30-12.00 BREAK								
12.00 – 13.00 Parallel Sessions								
1A Main Hall Performance and workshop with Mariantonia Oliver and Dorset based dance group Grace and Growl . The performance is the result of a week-long residency by the artist with Grace and Growl.	1B Council Chamber The Big Debate: What's the Big Picture? Global Health including presentations on: Mesh: network for community engagement with Global Health; Arts and Global Disasters; Arts and health communication including the Ebola outbreak 2014-15; British Council programmes on arts and culture to support wellbeing	1C Lord Mayor's Office Cultural Venues and Older People The Belgrade's Arts Gymnasium Project; Museums and Memories under the microscope; Van Gogh Museum; Inclusive access in the Peranakan Museum Singapore	1D Lord Mayor's Room New Age Music Workshop – a project in 18 care homes. The session will include an interactive discussion on measuring wellbeing outcomes and a practical music activity.	1DD Room 1P01 Creative Ageing: the Churchill Fellowships A presentation of the final report and discussion about the Creative Ageing programme, a collaboration between The Winston Churchill Memorial Trust and the Baring Foundation.				
13.00 – 14.30 LUNCH in the Marquee Hands, Voice, Thread: drop-in knitting workshop in the Marquee Viewing Posters and voting for the Best Poster in City Hall and the Marquee Making the Invisible Visible interactive installation with soundtrack in City Hall								
14.30- 15.30 Parallel Sessions								
1E Main Hall Museums, health and wellbeing research Museums on Prescription; Not So Grim Up North	1F Lord Mayor's Office Singing, Health and Wellbeing Group singing and COPD; wellbeing outcomes; singing in a choir	1G Lord Mayor's Room Dementia and the Arts research workshop Engagement and measuring value	1H Waterside 3 Social Prescribing Arts on Prescription for young people and with heritage; social prescribing as a movement	1I Waterside 2 Young People and Wellbeing in different Global Health contexts UK; USA, Rwanda and New Zealand	1J Waterside 1 Hands-on workshop: creative crafts with older people Practical workshop	1K Cinema 1 Dementia and the Arts: Presentation and Film Curious Shoes performance and Age Exchange film	1L Cinema 2 Dance and Health Research Dance in Falls prevention, rehabilitation and for people with dementia	1M Cinema 3 Film & Performance Lived Experience Sorting the Sock Drawer performance and Flow of Life film.

15.30 – 16.00 BREAK								
16.00- 17.00 Parallel Sessions								
1N Main Hall Culture, older people and vulnerable adults Work with museums in Bath, Oxford and Cornwall	1O Lord Mayor's Office Dementia and the Arts at different stages in the care pathway and for carers	1P Lord Mayor's Room Peer-led and co-production in arts, heritage and health	1Q Waterside 3 Dance and Health Practice dance for those with dementia, Parkinson's, long-term conditions and in wellbeing	1R Waterside 2 Student learning and wellbeing medical students; nursing students and craft students	1S Waterside 1 Research Workshop Male impotence and aesthetic experience; a visual matrix workshop	1T Cinema 1 The Arts in Long-Term Care residential care settings; and in haemodialysis services	1U Cinema 2 International arts and health practice maternal health in Bulawayo; Twa people in Rwanda; post-disaster NZ	1V Cinema 3 Films on Dementia and the Arts in the community and in care homes
17.00-18.00 Bristol Arts on Referral Alliance (BARA) launch in the vestibules at City Hall								
18.00 – 20.00 Drinks Reception and viewing of the Exhibition 'Air' at the Royal West of England Academy with performance of Under the Surface by the Brabant Ensemble								

Tuesday 20 June – Policy, acute care, medical humanities, arts therapies			
8.30am-9.45am	Registration at Bristol City Hall https://www.bristol.gov.uk/web/city-hall		
9.45am Welcome by Poppy Jaman , Chief Executive of Mental Health First Aid and Conference Chair for Tuesday			
10.00 am Opening Keynote: Rt Hon Lord Howarth of Newport CBE , Co-Chair of the All-Party Parliamentary Group on Arts, Health and Wellbeing: Creative Health – the Arts for Health and Wellbeing			
10.30 am Keynote: Fred Foote MD , Military Physician and Poet, USA: Healing veterans through the arts and nature			
11.00 am Dr Iona Heath Retired GP and Medical Writer Cultural literacy and the care of the dying			
11.30-12.00 BREAK			
12.00 – 13.00 Parallel Sessions			
2A Main Hall Medicine Unboxed Consultant Oncologist, Sam Guglani in conversation with Sarah Moss, novelist and travel writer on themes of storytelling, human mortality, art, suffering and medicine	2B Council Chamber The Big Debate: What is Creativity? with artist Bobby Baker; composer Toby Young; Associate Professor of Mental Health, Theo Stickley; and Art Therapist, Val Huet	2C Lord Mayor's Office Trauma and the Arts with Fred Foote MD Group singing and trauma recovery; theatre as reconnection for veterans; and creative arts in recovery from trauma	2D Lord Mayor's Room National Policy in Arts, Health and Wellbeing What Works Centre for Wellbeing; DevoManc, the Northern Powerhouse – Fact and Fiction; Gloucestershire Cultural Commissioning Programme
13.00 – 14.30 LUNCH in the Marquee			
Arts in Health: Designing and Researching Interventions by Daisy Fancourt: drop-in book launch in City Hall Viewing Posters and voting for the Best Poster in City Hall and the Marquee Making the Invisible Visible interactive installation with soundtrack in City Hall			

14.30- 15.30 Parallel Sessions								
<p>2E Main Hall Children’s hospitals and the arts Edinburgh Children’s Hospital and Great Ormond Street Hospital programmes</p>	<p>2F Lord Mayor’s Office Medical Humanities workshop Transforming the Doctor-Patient Relationship/ Telling the Story</p>	<p>2G Lord Mayor’s Room Shared Reading research workshop Comparing a Literature-Based Intervention with Cognitive Behavioural Therapy</p>	<p>2H Waterside 3 The wellbeing of healthcare staff Working with hospital porters, health and care staff, Nurses and carers</p>	<p>2I Waterside 2 The Arts in End of Life Care Visual arts training, storytelling; creativity and spirituality</p>	<p>2J Waterside 1 Sensory engagement and health and wellbeing Touch, Sound, and all our senses; Mind, Body and Spirit Balance</p>	<p>2K Cinema 1 Mental health and creative practice Pallant House Gallery, Montreal Museum of Fine Arts; and the Adamson Collection</p>	<p>2L Cinema 2 Film and animation in healthcare Film ‘Ocular Bionica’ and animation in health education</p>	<p>2M Cinema 3 Museums, Theater and Mental health Museums and art psychotherapy; Theatre and Mental Health in Norway</p>
15.30 – 16.00 BREAK								
16.00- 17.00 Parallel Sessions								
<p>2N Main Hall Museums and mental health The Journeys of Appreciation Project with SLaM, the Horniman Museum and a comparison with Denmark</p>	<p>2O Lord Mayor’s Office Why Art? A lifeworld approach with stroke, wellbeing for artists, the creative processes in arts and mental health</p>	<p>2P Lord Mayor’s Room National Policy in Finland Community and social development in the field of arts, culture, health and wellbeing</p>	<p>2Q Waterside 3 Artists-in residence in acute care and arts in unexpected places Examples from Australia, Scotland and the UK</p>	<p>2R Waterside 2 Therapeutic writing Life of Breath project; creative writing with refugees; and for therapeutic purposes</p>	<p>2S Waterside 1 Maternal, neonatal and early years health and the arts Early intervention, postnatal depression, neo-natal intensive care</p>	<p>2T Cinema 1 The Arts in addiction, recovery and the criminal justice system arts with marginalized people, young people and the wider prison population</p>	<p>2U Cinema 2 Cancer and the Arts Penny Brohn UK; Under the Sign of Cancer project in Italy; Reconstructing ourselves project in Wales</p>	<p>2V Cinema 3 Film in acute hospital settings Films by artists in hospitals and care settings; Live streaming of a festival inside a hospital</p>
17.00 - 18.00 BREAK								
<p>18.00 – 20.00 2W Bristol Museum Alternative Visions Exhibition by artists that experience health issues, disabilities or isolation Delirium: Time and Violence Performance interweaving stories from medical professionals and people who have experienced paranoia and hallucination with new music and sounds recorded in hospitals in Johannesburg.</p>			<p>18.00- 19.00 2X Waterside 3 Provocations Seven stand up and talk provocations on subjects as diverse as music and wellbeing; design and alcohol addiction; textile crafts for men; Doctors-as-Patients; art as a way of life; suicide prevention through theatre; and applied theatre in training for health professionals</p>			<p>2Y Waterside 1 & 2 Early Career Research Network Meeting Drinks for graduates and early career researchers interested in arts and health to meet each other and network.</p>		
20.30 – 22.15 Waterside 3 Professor Norma Daykin and the Bristol Reggae Orchestra								
<p>28 local musicians play a compelling repertoire crafted by Professor of Arts and Health, Norma Daykin, which draws on reggae, ska, jazz, classical music and world music influences and features original material from talented local composers, including refugee musicians.</p>								

Wednesday 21 June – Research, practice and international networks in Arts, Health and Wellbeing

8.30am-9.30am Registration at Bristol City Hall <https://www.bristol.gov.uk/web/city-hall>

9.30am Welcome by **Professor Paul Dieppe**, Conference Chair for Wednesday

9.45am Keynote Performance and Discussion: **Blood Sugars**, a collaboration between the University of the Witwatersrand, Johannesburg; and the diabetes/endocrine clinic at Chris Hani Baragwanath Academic Hospital, Soweto. More than 8.3% of the South African population live with diabetes, and this figure continues to grow exponentially. In response to this burgeoning health crisis, the Blood Sugars team has been working with people who live with diabetes and the clinicians who care for them using applied drama techniques to improve communication in clinical settings, and to develop a new play. The Blood Sugars team will be presenting the play, and discussing the challenges and successes of this multi-disciplinary project.

10.45-11.15 BREAK

11.15 – 12.15 Parallel Sessions

3A Marquee - Round Tables Presentations from delegates and chaired discussions in small groups on a range of questions spanning practice and research. Facilitated by **Ruth Ben-Tovim**, Director of Encounters Arts

1. What are the ethical dilemmas when evaluating projects with people with dementia?	2. Why is sensory experience important in a hospital environment?	3. How can we make Care Homes places we would want to live?	4. What and how can we learn from each other across international divides?	5. How can we make arts and health work sustainable?	6. How can we make research methods more creative and participatory?	7. What do artists need to know to work effectively with people with dementia?	8. What is the connection between mindfulness, flow and creativity?	9. What is co-creation, co-production and asset-based community development?	10. How do we make engagement in the arts truly accessible?
---	--	--	---	---	---	---	--	---	--

3B Council Chamber
The Big Debate:
What Does it All Mean? Where next with arts, health and wellbeing research. Join academics from the RSPH Special Interest Group to discuss this knotty question.

3C Lord Mayor’s Office
Research Workshop:
 This workshop explores Positive Visual Reframing, an emotional regulation strategy that uses drawn visual imagery to reframe negative personal narratives.

3D Lord Mayor’s Room
Research Workshop:
 How to measure the value and tell the story: this bespoke workshop will help you find the words to tell the story of your work with more conviction, clarity and power.

3E Main Hall
Participatory Workshop: Caravan Next: Feed the future is a European project based on Social Community Theatre methodology with 13 international partners active in cultural, social and technological fields.

12.15 -12.30 BREAK

12.30 Keynote **A Musical Conversation**: What happens when we make music? **Neil Valentine**, Associate Musician with the Bournemouth Symphony Orchestra and **Julian West**, musician at Music for Life, the Wigmore Hall
 This participatory, experiential session offers the opportunity to reflect upon the value of the embodied, in the moment experience.

13.00 – 14.30 LUNCH in the Marquee

Viewing **Posters** and voting for the Best Poster in City Hall and the Marquee
Making the Invisible Visible interactive installation with soundtrack in City Hall

14.30 -15.30 Keynote: **Clive Parkinson**, Director of Arts for Health, Manchester Metropolitan University, and **Vic McEwan**, Artistic Director of the CAD Factory in New South Wales, Australia discuss the international art project, **the Harmonic Oscillator**, an exploration of negative effects of noise within the hospital environment

15.30 Professor Paul Dieppe will announce the winner of the poster competition and close the conference